

TEA MENU

WEEK 1

Monday

Toast with cheesy beans

Tuesday

Red pepper & cannellini bean cous cous

Wednesday

Chicken or egg mayonnaise sandwiches

Thursday

Rice cake with tuna mayonnaise or tomato & sweetcorn salsa

Friday

Crustless quiche

WEEK 2

Monday

Quesadilla

Tuesday

Crumpet with stewed apples

Wednesday

Tuna & avocado pasta

Thursday

Pitta with whipped feta or chicken gyros

Friday

Rolls with ham or red pepper hummus

All served with fresh fruit and vegetables

Alternative food will be ordered for children with dietary requirements. Allergen information on these meals is available on request.